

<b>Дата проведения занятия</b>	<b>Тема занятия</b>	<b>Материал к занятию</b>
27.04.2020	Растяжка.	<a href="https://www.youtube.com/watch?v=Py8UuiMEvdY">https://www.youtube.com/watch?v=Py8UuiMEvdY</a> <a href="https://www.youtube.com/watch?v=5600A3YyAPA">https://www.youtube.com/watch?v=5600A3YyAPA</a>
28.04.2020	Техника ног.	<a href="https://www.youtube.com/watch?v=GP23iilL9us">https://www.youtube.com/watch?v=GP23iilL9us</a>
29.04.2020	Техника рук.	<a href="https://www.youtube.com/watch?v=71K30f_algU">https://www.youtube.com/watch?v=71K30f_algU</a>
30.04.2020	Функционал.	<a href="https://www.youtube.com/watch?v=wacQVyxNpuI">https://www.youtube.com/watch?v=wacQVyxNpuI</a>